



# STATE OF IOWA

CHESTER J. CULVER, GOVERNOR  
PATTY JUDGE, LT. GOVERNOR

DEPARTMENT OF HUMAN SERVICES  
CHARLES J. KROGMEIER, DIRECTOR

## INFORMATIONAL LETTER NO. 910

**DATE:** May 25, 2010

**TO:** Iowa Medicaid Psychiatric Medical Institutions for Children (PMIC) Providers

**FROM:** The Iowa Department of Human Services, Iowa Medicaid Enterprise

**RE:** Annual Restraint and Seclusion Attestation Letters

This letter is to remind all PMIC providers of the requirement to adhere to federal regulations regarding the use of seclusion and restraint. The Code of Federal Regulations at 42 CFR 483.350 through 483.376 establishes standards for the use of restraint and seclusion in psychiatric residential treatment facilities (PTRFs) providing inpatient psychiatric services to individuals under age 21. These rules apply to all PMIC providers enrolled with Iowa Medicaid, and compliance with these regulations is a condition of participation in the Iowa Medicaid program. You are advised to review these regulations closely. They can be found online at: [http://www.access.gpo.gov/nara/cfr/waisidx\\_07/42cfr483\\_07.html](http://www.access.gpo.gov/nara/cfr/waisidx_07/42cfr483_07.html).

Iowa Medicaid policy requires that PMIC providers submit an annual written attestation statement to attest that each facility is in compliance with these standards. The attestation statement must be signed by the facility director. When a new director is appointed, a new written attestation statement must be sent to the state Medicaid agency. Please provide your annual attestation statement by July 1, 2010. This should be sent to:

Attn: Don Gookin, PMIC Program Manager  
Iowa Medicaid Enterprise  
100 Army Post Rd.  
Des Moines, IA 50315

Additionally, the reporting requirements in this section of the federal regulations require facilities to report all serious occurrences such as a resident's death or serious injury to the state Medicaid agency, and the state's designated protection and advocacy agency. To fulfill this requirement, such reports should be sent to the Iowa Medicaid Enterprise at the above address, as well as to:

Iowa Protection and Advocacy Services  
950 Office Park Rd., Suite 221  
West Des Moines, IA 50265

In the event of the death of a resident, facilities must report the death to the regional office of the Centers for Medicare and Medicaid Services (CMS) in addition to the state Medicaid agency, and the state's designated protection and advocacy agency. This report should be sent to:

CMS – Region 7  
Division of Medicaid and Children's Health  
Richard Bolling Federal Building, Room 235  
601 East 12th Street  
Kansas City, MO 64106

All of the above reports must also be documented in the resident's file and in the incident and accident report logs kept by the facility. The Iowa Department of Inspections and Appeals, which licenses PMIC facilities under Iowa Code chapter 135H, is responsible for ascertaining further compliance with this requirement. The Department of Inspections and Appeals may be contacted at:

Iowa Department of Inspections and Appeals  
Health Facilities Division  
321 E. 12th St.  
Des Moines, IA 50319

Any questions regarding this can be directed to Don Gookin at: [dgookin@dhs.state.ia.us](mailto:dgookin@dhs.state.ia.us) or (515) 256-4648.